



'A facilitator at every table
from the negotiating to the kitchen table'

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Europe Matters:

You Matter: Practice Living Diversity and Your Dreams
May 21-25 2012 (travel 20th and 26th)

Facilitated by Jean-Claude and Arlene Audergon

We are happy to announce the Spring 2012 event in CFOR's Europe Matters Programme. It takes place in central London. It is an opportunity for training in 'world work' facilitation skills, and for facilitated dialogue about issues of diversity and identity. It will include looking at issues of human rights, community relationships and relationships between cultures and countries, and our history in Europe, from colonialism, world wars, tyranny, splits between east-west, north and south, to the current uprisings and issues we face as multicultural societies. What does living together in Europe really mean in terms of our relationships past and future? It will also be a chance to reflect, and focus very personally on your own deepest dreams, and creative participation in your community.

Programme:

- Facilitated small and large group discussions on diversity and identity
- International and intercultural dialogue
- Learn about a range of diversity issues and human rights in Europe
- Conflict facilitation skills with the methods of 'world work'
- Panel discussions with participant experience
- Link your deepest inner experience and your active contribution in your community
- Explore personal and cultural identity
- Discover inner resources, direction and work with what blocks you
- Address and transform our personal and collective history in Europe, to build thriving multi-cultural societies



The workshop will include diverse participants from many cultures and countries. The grant supports adult learning for personal development and active citizenship.

The EU Grundtvig grant will give full support including travel and living costs for 20 people. You may be eligible if you are an adult permanently residing or registered as refugee or asylum-seeker in one of the programme countries, namely: the 27 Member States of the European Union, and Iceland, Liechtenstein, Norway, Switzerland Croatia and Turkey.

Orienting to the workshop:

All participants will be interested in learning skills to be able to facilitate dialogue in tense situations. You do not need previous experience, and you will have opportunities to focus on your personal interests and direction, and for intensive dialogue in pairs, and in small and large groups, which at times may include emotionally charged interactions.

Language and translation:

We unfortunately are unable to offer full interpretation / translation in different languages. The seminar will be in English, but we will work together to provide partial interpretation and translation. Basic proficiency in English comprehension is necessary. Let

us know if you would benefit from, or if you are able and willing to help out with some informal interpreting / translation. Thank you!

Jean-Claude Audergon M.Sc. is a conflict resolution facilitator and teaches Process Work internationally. Co-founder of Process Work Training Programs in Zurich, Portland and the UK, he works with the creativity locked within apparent blocks and intractable issues within community, business and international organisations and teaches leaders, teams and organisations to do the same.

With a long-term interest in violence prevention, he has supervised and trained teams within social services, prisons and schools. He's also led a long-term program applying Process Work methods of working with extreme states in a psychiatric hospital. Co-founder of CFOR, Jean-Claude facilitates forums for post-war recovery, and for building awareness and creative collaboration in multi-cultural society. He has also trained in filmmaking and coaches performers. Jean-Claude has written several articles and a chapter contribution in *New Horizons in Body Psychotherapies*, N. Totton (Ed.) Open University Press 2005, and is co-author of 'Back to our Future: A Handbook for Post-war Recovery and Violence prevention'. Jean-Claude also has a private psychotherapy practice in Northwest London.

Arlene Audergon Ph.D. is a conflict resolution facilitator, psychotherapist and co-founder of the Process Work school in the UK. Co-founder of CFOR, she is interested in the potential for communities to process our collective history for violence prevention and to move forward in post-conflict and multi-cultural societies. CFOR also focuses on conflict resolution facilitation and training for community and inter-national organisations.

Previously, Arlene was Director of services and advocate for the development of a thriving deaf-blind community in Seattle. She also developed methods of applying Process Work to theatre, has worked with performers, musicians and writers and co-directed SPIRIT, with Improbable Theatre. Arlene is author of *The War Hotel*, *Psychological Dynamics in Violent conflict*, Whurr/ Wiley 2005, 'Daring to Dream', in Hart B (Ed.) *Trauma and Peace-building*, University Press 2007, 'Transforming Conflict into Community', in *Psychotherapy and Politics*, Totton, (Ed.), Open University Press 2005, and several articles in the areas of Process Work and Mental Health, Collective Trauma and Theatre.

To Apply:

Please ask us for an application form. Send the application both by email and hard copy to CFOR.

CFOR believes in the capacity of individuals, organisations and societies to gain awareness, to prevent repeating cycles of violence, to resolve and transform conflict. With facilitation, individuals, organisations, communities, governments and whole societies can access innate resources, clarity, creativity and direction. CFOR's work includes mediation, facilitation, consultation and training. "A facilitator at every table - from the negotiating to the kitchen table."