

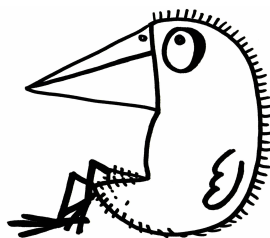
## Spirit and Practice: Worldwork facilitation and leadership for our times

Six Day Processwork Intensive: 12-17 October 2018, London, NW3

Co-sponsored by ProcessworkUK and CFOR  
with Jean-Claude and Arlene Audergon

In this Intensive we are going to focus on the link between inner work practice, and facilitating within organisations, communities and social movements - bringing awareness to what orients you to your life and work, and within tense and polarised situations in these divisive times.

You know that experience when you feel moved, carried by something bigger than you... You're 'in the zone', connected to a life force that seems to know what it's doing. No matter how small and unimportant, your part is meaningful, essential. Or you know that experience when you are moved and reactive, disturbed by annoying people, painful history reawakened, and caught in an inner atmosphere. Or you feel hopeless about the magnitude of our world situation and being able to make a difference.



We'll present both basic and advancing theory and practice from Processwork and Worldwork and the potential impact and outlook this methodology brings. We'll discover how we are moved by a field of interactions - spiritual, psychological and political - and how just a dash of awareness makes a difference.

In past courses there's been a diversity of participants interested in developing the link between their personal awareness and their facilitation within organisations and community, whether for personal interest or professional and creative development in a range of fields, including mediation, conflict resolution and peace-building, social action, organisational change, education, coaching and therapy, or performance and the arts.

Our aim is to be part of a world in which together we are facilitating awareness, rather than just falling unconsciously into another round. It's a new paradigm to stop and try to facilitate a difficult interaction, rather than just replay it. It's a new way to think about leadership. You facilitate, rather than only react, adapt or dominate.

We'd like to gather and share our learning from the different situations and places where we work, and study together the nature of processes - focusing on the spirit and practice of facilitation.



CFOR Force for Change  
Company number 6302212 | Reg. Charity number 1148661  
[www.cfor.info](http://www.cfor.info) | [admin@cfor.info](mailto:admin@cfor.info)

Processwork UK | RSPOUK  
Company number 4794982 | Reg. Charity number 1107684  
[www.processworkuk.org](http://www.processworkuk.org) | [seminars@processworkuk.org](mailto:seminars@processworkuk.org)

Old Hampstead Town Hall | 213 Haverstock Hill | London NW3 4QP UK

We'll have opportunities for inner reflection, as well as working together in small groups and in the large group. Using process and systemic awareness, we'll study together how the same process arises at different scales (micro-macro) - in your inner life, in your dreams and subtlest sentient, body and movement awareness, in your relationships, and within organisations and communities...

**We'll look at the spirit and practice of Processwork and Worldwork:**

- How to find ease in mapping process and system dynamics - signals, roles, ghost roles, polarisations, system edges, hot spots, cool spots - while staying connected to your spirit and sense of freedom and joy and contact with what arises spontaneously in you as facilitator.
- What actually happens if you can 'stop the world' for a moment and track what is happening at moments of escalation and when conflicts cycle?
- What happens inside your organisation, community or country at moments of division and escalation? What happens inside of you at such moments as a participant - facilitator? And how can you use your inner awareness to facilitate the outer situation?
- What happens at moments when there is a shift of understanding and transformation? How do you notice the shift inside of you? Can you catch it, make this awareness useful as you facilitate others?
- How do you notice and support the 'phases' of conflict and conflict resolution?
- What happens when you connect to your deepest spirit or nature, and the underlying 'field' and vitality moving you? And at the same time connect to and facilitate the field dynamics and innate vitality of the context and situation that you have been called to facilitate?

**The Intensive is also a chance to learn together about the entangled processes of our divisive times and how we each can facilitate awareness around dynamics such as:**

- Separation and unity: processes that are important to all of us in Catalonia - Spain, Scotland - UK, UK - EU, and other places in the world, in respect to identity, culture, nationalism, dominant and marginalised groups
- Historic and persisting injustice that repeats each time we ignore our collective trauma and need for accountability and awareness
- Love and loyalty (for one's own group) and demonising and dehumanising the 'other'
- Feedback loops, echo chambers, information and disinformation
- Freedom, fear and dynamics of terror
- Frozen states, and altered states as pathways to new dimensions and possibilities for apparently intractable problems

We'll come back again and again to inner awareness as the core of facilitation training. Facilitating in the outer situation you meet, including in tense situations in the world, or inside your own family is always in function of your own spirit and practice. In that sense, we'd like the Intensive to also be a time to retreat from everyday life, to connect to your deepest nature, and to discover and reflect on how the tools and experiences are meaningful for your personal life and work. There will also be



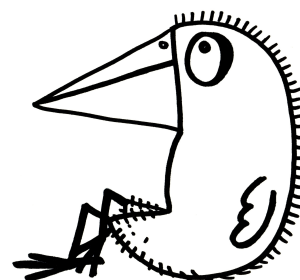
opportunities for panel presentations and networking groups. If you'd like, let us know upon registration your particular area of interest and practice.

### Registration:

To register for the Intensive, email [seminars@processworkuk.org](mailto:seminars@processworkuk.org)

- ✓ Let us know that you would like to attend.
- ✓ We will let you know how to pay the deposit.
- ✓ Registration is upon receipt of your deposit.

In recent years, the Intensive course has filled to capacity – please register early to reserve. Contact us for more information and to register.



### Intensive Fee

- Intensive fee: £670. Deposit £150.
- Early bird fee: £595 (with £150 deposit by June 20, remainder by September 1, 2018)
- Student Fee for Diploma Students of Processwork UK: £565 (deposit by June 20, and remainder by September 1, 2018)

A limited number of partial work-study bursaries are available for the Intensive course.

### Other info

- The Intensive stands alone as a six-day course for personal and professional development.
- The Intensive can also be taken as part of CFOR's 'Facilitation for Leaders' 2018-2019 modular course. For more information about the CFOR course, contact us as soon as possible on [admin@cfor.info](mailto:admin@cfor.info) to arrange an interview to discuss in depth if the course is right for you.
- The CFOR Facilitation for Leaders course stands alone as a one-year course for professional development and can also serve as a pathway to the Processwork UK International Diploma programme, UKCP or Worldwork tracks. Contact us at [contact@processworkuk.org](mailto:contact@processworkuk.org) with further questions about Processwork UK's training programmes.

### Venue

The venue is situated about five minutes from our offices in Belsize Park. We've been enjoying doing our Intensives with a maximum of 80 people in this lovely secluded location among Northwest London's bustle.

### Accommodation

Participants come from many countries as well as from different parts of the UK. We would be happy to send you a list of local accommodation, and are also glad when you share your discoveries. Simple accommodation may be available at the venue with early booking.



CFOR Force for Change  
Company number 6302212 | Reg. Charity number 1148661  
[www.cfor.info](http://www.cfor.info) | [admin@cfor.info](mailto:admin@cfor.info)

Processwork UK | RSPOUK  
Company number 4794982 | Reg. Charity number 1107684  
[www.processworkuk.org](http://www.processworkuk.org) | [seminars@processworkuk.org](mailto:seminars@processworkuk.org)

Old Hampstead Town Hall | 213 Haverstock Hill | London NW3 4QP UK

## Timing

October 12<sup>th</sup> The 1<sup>st</sup> day begins with coffee, tea and registration. Please arrive between 9:15-9:30 for a 10am start.

The Intensive runs daily from 10am – 7:00pm with lunch and tea/ snack breaks.

October 16<sup>th</sup> On the evening before our last day, we will plan an evening get together with light dinner, hanging out together and dancing.

October 17<sup>th</sup> On the last day we end at 4pm.

## Welcome

Upon registration, we will send you a welcome pack with venue and schedule details, travel information, proposed reading, and other information to make your time comfortable. We'd like to also make sure that we have your details, including phone and email, in case of need. Please contact us to discuss special needs.



## CPD

Certificate of Attendance and Continuing Professional Development credits available

**Arlene Audergon, PhD and Jean-Claude Audergon, MSc** are co-founders of Processwork UK and CFOR and teach internationally. [www.processworkuk.org](http://www.processworkuk.org) or [www.cfor.info](http://www.cfor.info)

**ProcessworkUK** [www.processworkuk.org](http://www.processworkuk.org) or RSPOPUK was established in 1988 to support research and training in Processwork, developed by Dr. Arnold Mindell. ProcessworkUK sponsors events, seminars, courses, the Intensive, one-year training programmes and our International Diploma programme, with two tracks: UKCP accredited Psychotherapy and 'Worldwork' tracks. ProcessworkUK is a lively and thriving learning community of formal and informal students and practitioners, and many of our training events are open for continuing professional development and personal interest for participants not in a formal training programme.

**CFOR** [www.cfor.info](http://www.cfor.info) is a registered Charity, an NGO devoted to the role of awareness and facilitated interactions for conflict resolution, community recovery and violence prevention. CFOR refers to the 'force of community'. We facilitate communities to process current and historic tensions to reveal creative pathways within community. CFOR also offers an annual modular training course, 'Facilitation for Leaders' and the 'Worldwork series' and 'Worldwork dojo'.

CFOR 's programmes: We are currently working in Rwanda among perpetrators and survivors of the 1994 genocide against Tutsi, who are called to go further with the process of reconciliation for community recovery and to protect the next generation. We also have a programme in the Balkans, where we conducted forums for many years in Croatia and other parts of the former Yugoslavia among people trying to rebuild their communities after being pulled into opposing sides of the violence during the 90's. In Zimbabwe, CFOR has been invited to facilitate forums among civil society organisations, as they now can engage and shape the future of their society at this turning point, and process the history of violence. In a township of Durban, South Africa, we are supporting community leadership, and the call to process the on-going legacy of Apartheid, and access the vitality of community. CFOR has facilitated numerous forums in Europe on building our future – processing relationships between east-west, north-south, and current issues of migration, along with our traumatic history of World Wars I and II, the holocaust, the legacy of Stalin, and our history of slavery and colonialism. We are also committed to addressing the current backlash against advancements in race awareness in the United States, in relation to our unprocessed history of genocide and slavery. We document some of our work in books, articles and documentary film, in order to study and to demonstrate how methods of 'Worldwork' can contribute to strategies for conflict resolution, transitional justice, violence prevention, and facilitating collective awareness and possibility.



**CFOR Force for Change**  
Company number 6302212 | Reg. Charity number 1148661  
[www.cfor.info](http://www.cfor.info) | [admin@cfor.info](mailto:admin@cfor.info)

**Processwork UK | RSPOPUK**  
Company number 4794982 | Reg. Charity number 1107684  
[www.processworkuk.org](http://www.processworkuk.org) | [seminars@processworkuk.org](mailto:seminars@processworkuk.org)

Old Hampstead Town Hall | 213 Haverstock Hill | London NW3 4QP UK