

INNERWORK AS PATHWAY TO YOUR INNER AND OUTER WORLD

International seminar by the Institute of Process Work Germany
with Arlene and Jean-Claude Audergon from London



During these difficult and divisive times, each of us makes a difference more than we know.

In this seminar, we will introduce Processwork and Worldwork, with a particular focus on the link between inner work and our ability to facilitate the difficult situations that we meet in relationship, organisations and community.

Everywhere we go, we meet people who are longing to get into a deeper contact with themselves and with their communities. There's a need to grow beyond a limited notion that you have to leave the busy world behind, and isolate yourself from society, in order to find some inner centeredness and calm. Or the notion that if you are going to contribute something important to this world of ours, then you have to set yourself aside and burn yourself out.

This seminar will present the approach and methods of Processwork – showing how emerging patterns that are shaping our lives, call for our awareness through our body experiences and night time dreams. We will

When?

October 26th and 27th
2018,
Friday 10:30-18:00,
Saturday 10:00-17:30

Where?

Bonn, Germany

Fees:

Early bird 290 € until
10th Sep. 2018,
afterwards 320 €

Language:

English with German
translation

also introduce Worldwork, the application of Processwork to address conflicts in large groups, organisations and communities. We will particularly focus on the link between 'inner work' and 'worldwork', the link between your individual awareness and how to follow your own deepest nature, and your contribution and interest to facilitate conflict resolution and community awareness.

Jean-Claude Audergon MSc, UKCP, is co-founder of ProcessworkUK and CFOR, and co-founded the original Processwork schools in Zurich, Portland and IAPOP. He has pioneered and written various articles and chapter contributions on the application of Processwork within the fields of mental health, bodywork and violence prevention.

Arlene Audergon Ph.D UKCP is co-founder of Processwork UK and CFOR. She is author of *The War Hotel: Psychological Dynamics in Violent Conflict*, Wiley 2005 and several articles and chapter contributions in the areas of collective trauma, conflict resolution, Process Work, mental health, and theatre.

If you are interested in reading more about Arlene's and Jean-Claude's work please visit their website: www.cfor.info

**For further information and registration
please e-mail us:
info@institut-prozessarbeit.de**

Institute of Process Work Germany
Lotharstraße 132
DE-53115 Bonn

Telefon +49 (0) 202 42969700
www.institut-prozessarbeit.de