

"If we surrendered to earth's intelligence, we could rise up rooted, like trees."

Rainer Maria Rilke

In this time of crisis, how do we make a difference? Our deepest nature, our ability to facilitate conflicts and community awareness are needed more than ever!

Worldwork Facilitation Training

Connection, Collaboration, Climate and Community.

A Five Day Event with
Gill Emslie, Anup Karia and Andy Smith

27th February to 2nd March 2024
Cecil Sharp House, London NW1 7AY

Everything is interconnected. Our awareness of these connections makes the difference. Your own inner practice of awareness is key to facilitating outer events.

A training in facilitating vital issues in climate justice

- our personal and collective histories and trauma
- awareness of the impacts of racism, colonialism, class, economics and gender dynamics and more..
- the link between innerwork practice and intentional facilitation in communities, social movements, organisations and world.
- how we are affected by climate grief and anxiety, system and behavioural changes and living with a sense of collapse.

Photo: Susi Petherick Photography

Join us to learn how to facilitate entrenched conflicts and 'hotspots' and avoid being swallowed up or re-playing polarisations.

PROCESSWORKUK

This worldwork training is for facilitators, leaders in any sector, community builders and connectors, activists, therapists and anyone working to support deliberative democracy and regenerative processes in communities.

- **Connect** with inner resources that sustain you, exploring deeper dreaming processes, roles and dynamics.
- **Navigate** system dynamics of privilege, power and structural discrimination.
- **Practice** earth based and regenerative innerwork approaches that nourish and prevent burnout.
- **Work** with your feelings of stuckness, hopelessness and hopefulness.
- **Transform** energies that disturb you in people and systems to make them useful and predicate system change.
- **Discover** the processes that appear outside of you as seemingly intractable difficulties, how they repeat at the inner level in your internal dialogue and affect your relationships and collective goals.



Photo: Susi Petherick Photography

We want to make our collaborations and facilitations easier and practise a range of methods each day: innerwork, relationship work, small and large group systemic work to help unfold new strategies, develop skills and connect to a deeper sense of purpose.

Who is this training for? In previous worldwork trainings, a diversity of participants have attended for personal, professional and creative development, interested in the link between personal awareness and contribution.

Participants come from a range of fields such as: conflict resolution, peace-building, social action, community building, diversity training and organisational development within international, government, voluntary, business, religious and spiritual organisations, counselling and therapy, education, movement, arts, performance and education.

The Teaching Team:

Gill Emslie **Andy Smith**, and **Anup Karia** are highly experienced psychotherapists and international teachers currently supporting a range of initiatives across the globe.

They draw on rich seams of experience; working on organisational development, deep democracy, open forum methods, environmental issues, structural discrimination in different ways, facilitating and leading at many different levels, from local to international projects.



Andy Smith, Gill Emslie Anup Karia

FEE £650. A limited number of partial work-study bursaries are available for people coming from different economies or with financial hardship, Email us at admin@processworkuk.org

TO REGISTER: Please email admin@processworkuk.org. with a completed registration form

Click [here](#) to download the registration form

PROCESSWORKUK

CPD Certificate of Attendance and Continuing Professional Development credits available

“Our work pitches into this possibility ... that we can grow in our self-awareness (whether as individuals, organisations, communities or whole societies), so that we can discover our capacity and creativity and not only fall unwittingly into repeating the very problems we set out to resolve.”

Jean-Claude and Arlene Audergon, Founders of Processwork UK

Dates and Times: 27th February to 2nd March 2024

The first day begins with coffee, tea and registration. Please arrive between 9.15am and 9.40am for a 10am start. The seminar runs daily from 10am to 5:30pm or 6pm with breaks. The last day ends at 4pm.

Venue: Cecil Sharpe House, London NW1 7AY, UK.

Processwork focuses on facilitating awareness at individual, relationship and collective levels. It has its roots in Jungian psychology, Taoism, indigenous wisdom, justice movements, systems theory and quantum physics. It is applied in psychotherapy, groups, community and organisation work; reconciliation, structural discrimination, creativity, design, theatre and the arts.

Processwork UK is a lively and thriving learning community of formal and informal students and practitioners from many backgrounds, cultures and countries.

Worldwork developed by Arnold Mindell, is the application of Processwork to understanding collective processes, working with communication dynamics, conflict resolution at many levels; individuals, interpersonal relationships, groups, teams, organisations, communities, societies and government.

“Deep democracy is the principle behind a community building process that hears all voices and roles, including our collective experiences of altered states, and subtle feelings and tendencies. It is a principle that makes space for the separable, the barely speakable and the unspeakable.”

Arnold Mindell



Important Note: This training is intended for all who are interested in learning how to practice and use Processwork awareness with themselves and others. The training is not therapy. It is not meant to replace any forms of treatment or therapy in which prospective participants may be engaged, and we recommend that you consult with any therapeutic practitioner you may have, prior to registering. It is an educational experience, meant to enhance personal growth and professional practice.

For more information click [here](#)



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