

# CFOR'S ANNUAL PROGRAMME 2016 -17

## FACILITATION FOR LEADERS

### NEW COURSE BEGINS OCTOBER 2016!

Our modular Facilitation for Leaders course offers training in facilitation, organisational and community development, diversity awareness and conflict resolution.

In past courses, participants have worked independently on developing a project, a dream to realise or achieve - either on their own or within small organisations, or in NGOs and peace-building organisations, community groups, business, social movements and/or artistic companies.

The course is especially suited to those deeply interested in the link between their deepest personal path and their work and contribution in the world. We will focus on leadership qualities and facilitation skills, for personal and professional development.

The course includes 5 modules as well as two 1.5 hour case study meetings, peer groups and homework between modules to help you learn from your experience on whatever you focus on.

Peer groups enable you to learn from and with each other; a limited amount of homework is also scheduled.

#### Venue

Modules 2-5 will take place at the CFOR offices Old Hampstead Town Hall, Belsize Park London NW3 4NG

#### Times

Usually at 9:30 am till 5:30 pm and the final day till 4 pm

#### Accommodation

We also have a list of hotels, bed and breakfasts, and hostels near the venue.



#### October 18-23 2016 Tuesday - Sunday

#### 6-day Intensive - Module 1: 'When you were right and I was wrong - A Beginners Mind for relationships, community building and conflict transformation'

The first module is the 6-day Annual Intensive we do using worldwork, the application of Processwork concepts to conflict transformation. The topics vary widely, - themes reflect the time spirit and concerns in the collective. They are chosen in a sorting process by the participants.

The Intensive can be taken on its own, and is the first module of the Facilitation for Leaders Annual Programme. It will take place in Northwest London near our offices. Visit [www.processworkuk.org](http://www.processworkuk.org) for a flyer of the intensive

#### Module 2: December 2 - 4 2016 Friday-Sunday 'Inner Work for Leaders - The Personal and Political'

The second module focuses on Inner Work for the Facilitator or Leader. We will explore what it means to follow your awareness while facilitating others, rather than falling into a feeling of being reactive and one-sided. Inner Work makes it possible to 'sit in the fire', facilitate and find pathways forward even in the midst of very difficult situations.

#### Module 3: February 3-5 2017 Friday-Sunday 'The Serving Leader: Holding the big picture and sweeping up'

Facilitate the link between big picture and little picture. Whether you are in a designated leadership position or part of an organisation or community, Processwork facilitation skills enable you to access the moment and the creative pathway forward within the underlying vision or big picture and within the dynamic twists and turns of resistances, conflicts and difficult details to bring the vision to life.

#### Module 4: April 7-9 2017 Friday-Sunday - 'Dynamics of conflict and recovery'

The module focuses on the application of Processwork

**Certificate of Attendance:**

CFOR Annual Facilitation Training Certificate / and continuing education credits (CPD) are available

**Application**

Write us a short email, letting us know of your interest - i.e. write us a short paragraph to introduce yourself and let us know about your interest in the course.

**Interview**

We'll arrange an interview (by email or Skype) as an opportunity for us to get to know you, and for you to ask any questions you have, to find out if the course is right for you.

**Interviews start April 15th**

**Registration**

- **Course fee: £2400 (Includes Intensive course £640 and four modules £1760)**
- **Early bird rates**
  - **1. Early bird Intensive: £540; Total course fee £2300 (saves £100.)**  
£100 deposit upon registration, latest by June 15; Remainder £440 by September 15.
  - **2. Early bird registration on whole course: Total course fee £2100 (saves £300.)**  
£100 deposit upon registration by June 15; £600 deposit by September 15. Remainder in instalments

With questions and to schedule an interview contact us on [admin@cfor.info](mailto:admin@cfor.info)

**Fellowship**

CFOR also has a sponsored Fellowship programme, designed to offer training to people making an impact in their communities. If you, or someone you know may be interested to either apply for a *fellowship*, or *support a fellowship*, please contact us.

concepts to the dynamics of conflict, conflict resolution and violence prevention. We will look at personal, local and international processes of conflict and recovery, and how process concepts contribute to this field. We will study the cycles of conflict; the dynamics of violent conflict (terror tactics, disinformation, collective trauma, human rights, altered states of war) and processes of accountability, how to intervene in community-wide trauma, and find surprising resources within us. This relates to conflict zones, including near your kitchen sink.

**Module 5: June 9-11 Friday-Sunday - 'Personal and Social Transformation - Facilitating Diversity Awareness'**

This module focuses on the link between inner and outer, personal development and social transformation, looking at you in relation to your community or a particular social movement, your awareness of dynamics of diversity in culture, ethnicity, race, gender, sexual orientation, religion, class, disability, education, age, health, language and more. You'll focus on facilitating inner and outer diversity, including working with realities of history, and personal and cultural diversity of leadership styles. As great teachers have modelled, at the core of leadership is a personal story.'

**CFOR** has expertise working in multicultural and international contexts, facilitating within conflict zones, consulting and supporting individuals, organisations, communities and countries, to find interventions and creative pathways forward, even amidst difficult or intractable situations. [www.cfor.info](http://www.cfor.info)

**Arlene and Jean Claude Audergon** are conflict facilitators, psychotherapists. They are co-founders of CFOR and Processwork UK. CFOR's programmes include: 'Beyond Conflict' focusing on conflict resolution, post-conflict recovery and violence prevention; 'Europe Matters' focusing on current issues in Europe, reckoning with our violent history while building our future as multi-cultural societies; Facilitation for Leaders' Annual Training Programme; and 'Seeds', working alongside individuals who by way of working on their own personal and collective history are in a unique position to envision a different future for their communities. For more specific background, visit [www.processworkuk.org](http://www.processworkuk.org) and [www.cfor.info](http://www.cfor.info).

**Comments from previous participants about what they got out of the training:**

"Radical change in self esteem and also a plethora of skills, techniques and perspectives. I learned more in a life changing sort of way." "Achieving a fluidity I have not experienced before."

"Personally- (this training) has changed how I communicate with everyone. Including myself. It has given me the ability to understand and process conflicts that arise in relationships that affect my life. My project was about screenplay writing. I feel much more aware of the diversity of people; and therefore I am much more able to write authentic, complex characters."

"I learned a model for structuring my perceptions and for assessing when and how to bring them in."

"I found this group to be spectacularly inspiring and supportive- creating a profoundly welcoming atmosphere."

"My own personal work had a major transformative affect on me. I had been struggling for so long with a sense of not having a witness and this need was met so powerfully through my work and the engagement of the whole group. Professionally, this course helped me to really link my personal experience with my professional project, letting me understand what I have to offer and helping me to see what it looks like."